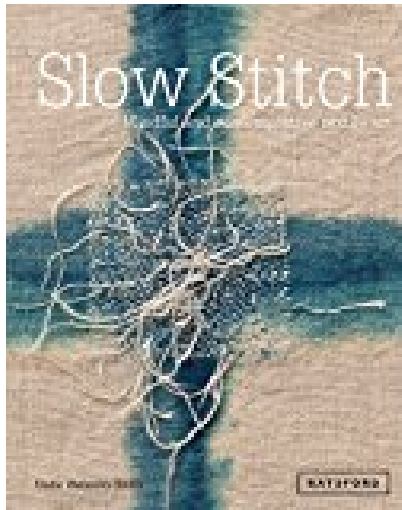


Slow Stitch Mindful and Contemplative Textile Art



BOOK DETAILS

- Author : Claire Wellesley-Smith
- Pages : 128 Pages
- Publisher : Batsford
- Language : English
- ISBN : 1849942994



BOOK SYNOPSIS

The pleasures to be had from slowing down can be many, with connections to sustainability, simplicity, reflection, and tuning into traditional and other multicultural textile traditions. *Slow Stitch* is a much-needed guide to adopting a less-is-more approach, valuing quality over quantity, and bringing a meaningful and thoughtful approach to textile practice. Claire Wellesley-Smith introduces a range of ways in which you can slow your textile work down, including: Using simple techniques inspired by traditional practice (including hand-stitch rhythms) Reusing and re-inventing materials (reuse even old textile projects) Limiting your equipment Mending revisited (practical and decorative techniques) Project ideas and resources that help towards making a more sustainable textile practice Richly illustrated throughout, and showcasing work from the best textile artists who work in this way, this is a truly inspirational book for those looking to reconnect with their craft and to find a new way of working.

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