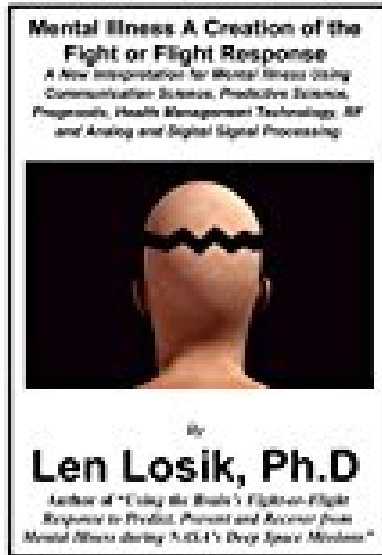


Mental Illness A Creation of the Fight-or-Flight Response



BOOK DETAILS

- Author : Len Losik Ph.D
- Pages : 130 Pages
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BOOK SYNOPSIS

Mental Illness A Creation by the Fight-or-Flight Response is the results from the research completed by the author for the Canadian Space Agency's Predictive Medicine Program in cooperation with the Russian Cosmonauts in 2012 and 2013 to determine if the author could use his company's technology to predict which astronauts in training would become mentally ill on a deep space mission lasting several years. An edited copy by the CSA of the results of the author's research were published at the 2013 IEEE/AIAA Aerospace Conference held in Big Sky Montana for the CSA's Predictive Medicine Program personnel and subsequently the full results were submitted to NASA Headquarters in 2013 and published on-line for public access in the American Journal of Applied Psychology. Mental Illness A Creation of the Fight-or-Flight Response includes the causes of emotional and mental disorders as well as a process for recovering from emotional and mental disorders such as depression, anxiety, OCD, major depression, bi-polar or schizophrenia. The author includes the description of why and how these are acquired by people and how they are nothing more than our own body's defensive process trying to get us safe and keep us safe from our own life threatening decisions and lifestyle. Mental Illness A Creation by the Fight-or-Flight Response refuted most of what is published today about mental illness and explains its value to our own survival that we inadvertently put at risk by our lifestyle and decision making. The author also includes both the author's results to answers to common questions left unanswered by the current mental health community and much of the current inadequate material published about emotional and mental disorders. The author hopes this book will initiate a new direction in developing faster recovery programs that are quicker than the one proposed by the author as well as a new effort for pharmaceutical companies to develop the drugs to suppress our fight-or-flight response (FOFR) that the author has illustrated is the root cause of both emotional and mental disorders as well as all non-genetic based disorders, diseases and illnesses.

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