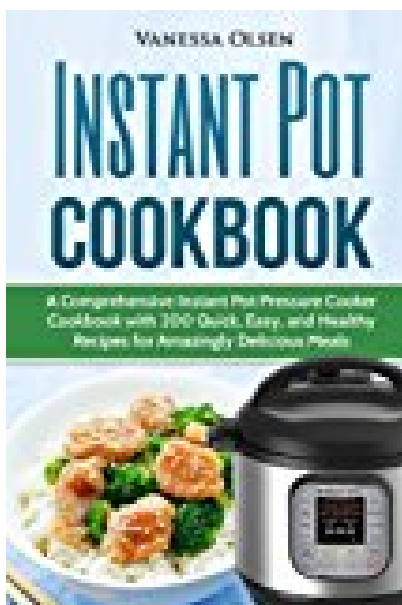


Instant Pot Cookbook A Comprehensive Instant Pot Pressure Cooker Cookbook with 200 Quick Easy and Healthy Recipes for Amazingly Delicious Meals



BOOK DETAILS

- Author : Vanessa Olsen
- Pages : 424 Pages
- Publisher : CreateSpace Independent Publishing Platform
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BOOK SYNOPSIS

Even the busiest family can cook at home with the Instant Pot. Finding time to cook can be difficult these days. Whether you're working long hours at a job, managing your kids activities, or both, cooking at home can seem like a long-deceased dream. That's where the Instant Pot pressure cooker comes to the rescue! This state-of-the-art electric pressure cooker is one of Amazon's top sellers, and after using one, it's easy to see why. It cooks food extremely fast, preserves nearly 100% of the nutrients, is easy to use, and easy to clean. The one Instant Pot cookbook you need to have is *Instant Pot Cookbook: A Comprehensive Instant Pot Pressure Cooker Cookbook with 200 Quick, Easy, and Healthy Recipes for Amazingly Delicious Meals*. It is packed with easy-to-understand information and every kind of recipe you could imagine. Even if you've never used an Instant Pot, the book will explain how it works, how to use it, and how to keep it clean so it lasts for years and years. You'll even get a chapter on how to convert slow cooker recipes to the Instant Pot, and indexes at the back of the book that show how long ingredients cook in a stovetop cooker versus an electric one. The intro chapters are short and to the point, so you can start cooking as soon as possible and take a crack at any of the 200 recipes the book offers. From steel-cut oats to homemade stocks to creme brulee, the recipes are divided up into sections, so you don't have to worry about being overwhelmed. They include approximate nutritional info, as well. In the recipe chapters, you'll find: Breakfasts like chocolate zucchini muffins, cheesy grits, and cinnamon roll oats; Main dishes divided by protein, like rosemary lamb, spicy chicken wings, shrimp risotto, and pork roasts; Recipes for sides and snack dishes including classic potato salad, mac n cheese, and fried rice; Vegan and paleo options such as BBQ tofu, stuffed acorn squash, and grain-free meatballs; Stocks and sauces like beef broth and alfredo sauce; Mouth-watering desserts including molten lava cake, apple dumplings, and more! Let's start (pressure) cooking! The Instant Pot is the one piece of equipment every kitchen needs. It really can do it all, and it can boost the confidence of even the most inexperienced and timid chef. For the most comprehensive book of recipes, choose *Instant Pot Cookbook: A Comprehensive Instant Pot Pressure Cooker Cookbook with 200 Quick, Easy, and Healthy Recipes for Amazingly Delicious Meals*, and start cooking!

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