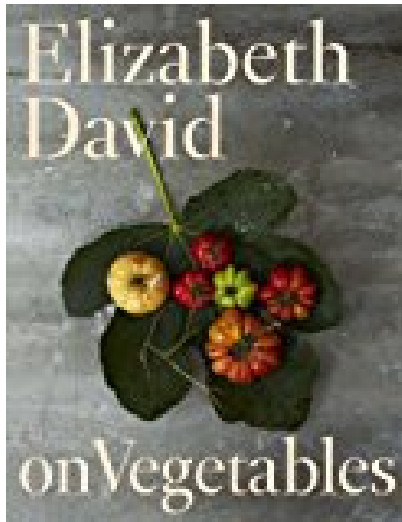


Elizabeth David on Vegetables



BOOK DETAILS

- Author : Elizabeth David
- Pages : 192 Pages
- Publisher : Avery
- Language : English
- ISBN : 0670016683

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BOOK SYNOPSIS

This beautiful new collection celebrates Elizabeths best and most-loved vegetable recipes, spanning her lifetimes cooking and featuring a range of delicious, timeless dishes filled with irresistible flavours, colours and scents. With todays increase in vegetarianism and emphasis on eating more vegetables, this superb collection - the first time Elizabeths vegetables recipes have been gathered together before - will inspire a whole new generation of food lovers. Seven chapters guide the reader from soups, salads and small dishes through to pasta, rice dishes and more substantial fare. For the first time, these mouthwatering recipes will be accompanied by sumptuous colour photography, while threaded throughout are a number of Elizabeths short essays - richly evocative pieces full of history and anecdote as well as practical culinary advice. Published to celebrate the centenary of Elizabeths birth, Elizabeth David on Vegetables is a must-have not just for vegetarians but for anyone wishing to give vegetables a starring role in the kitchen.

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